

# LINX EDUCATIONAL INSTRUCTOR'S GUIDE

## LET'S TALK 2! A PARENT'S TAKE ON KIDS TALKING TO PARENTS

### ACTIVITY 1: COMMUNICATING WITH PARENTS, TIPS FROM VIDEO

**Directions:**

After viewing the video, list 3 tips for "best times" to talk to parents and 3 suggestions of what to talk about.

Tips for "best times."

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What to talk about:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Have students discuss the responses they listed and discuss any barriers they can foresee.

### ACTIVITY 2.1: RESPECT RULES!

List some ways that parents say kids show disrespect:

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## ACTIVITY 2.2: LET'S LISTEN!

Sometimes parents think that kids don't listen; kids, on the other hand, often feel that parents "lecture."

### **Directions:**

Divide the class into teams to:

1. Brainstorm ways that kids are disrespectful to parents, then discuss ways that kids can improve their show of respect to their parents;
2. Discuss ways that kids can improve their listening skills when talking with parents; discuss ways that kids can let their parents know they actually heard what they said.

## ACTIVITY 3. LET'S TALK! COLLAGE

### **Directions:**

Ask students to bring in magazines and pictures to make a collage. They will need a large piece of construction paper or poster board on which to paste their selections. Pictures should show ways that kids communicate with parents, family interaction, ways that parents communicate with kids, etc.

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## ANSWER KEY

### Activity 1:

Best Times: walking together, shopping at mall, in the car driving, at dinner table.  
Talk about: school day, work day, "nothing," "anything," friends.

### Activity 2.1:

Show disrespect: tuning parents out, tone of voice, body language (shrugging shoulders and showing indifference), don't communicate.

### Activity 2.2:

Show disrespect – what students say; answers will be individual; compare to what parents say.

Improve listening skills: wait until other person is finished;

Tune in – actually listen to what parent is saying; listen to feelings being expressed; be open/receptive.

### Activity 3:

Individual expressions of communication through Collage design.

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